Think Pink
For All Girl Scout Program Levels

Think Pink is designed to promote breast health awareness among young girls and young women. Participants will learn about the importance of breast health by participating in activities, completing service projects, and researching topics related to breast health awareness.

GIRL SCOUT DAISIES: Must complete requirement 1* and at least 1 other requirement.
   1.* Learn and name the three components of breast health.
   2. Play breast bingo.
   3. Draw/Write/Create something about Juliette Low and breast cancer/health.
   4. Distribute pink ribbons during breast health month (October.)

GIRL SCOUT BROWNIES: Must complete requirement 1* and at least 2 of the other requirements.
   1.* Learn and name the three components of breast health.
   2. Play breast bingo.
   3. Draw/Write/Create something about Juliette Low and breast cancer/health.
   4. Distribute pink ribbons during breast health month (October.)
   5. Participate in a community breast health event.

GIRL SCOUT JUNIORS: Must complete requirement 1* and at least 3 of the other requirements.
   1.* Learn and name the three components of breast health. Ask at least one adult (over age 35) if she practices all three components and obtain her signature.
   2. Play breast bingo.
   3. Draw/Write/Create something about Juliette Low and breast cancer/health.
   4. Distribute pink ribbons during breast health month (October.)
   5. Participate in a community breast health event.

GIRL SCOUT CADETTES, SENIORS, AND AMBASSADORS: Must Complete 1*, 2*, 3*, and 4* and at least 2 of the other requirements.
1. Learn and name the three components of breast health. Ask three adults if they are practicing all three components.
2. Learn at least six factors for breast cancer.
3. Learn and name the 5 P’s associated with self-breast exams.
4. Make a list of resources in your community related to breast cancer/breast health (ex non-profit organizations, mammography facilities, support groups)
5. Make pink ribbons (at least 10) to donate to a local Breast Health/Breast Cancer organization during breast health month (October.)
6. Interview a survivor (include at least 5 questions (and share you results with your troop or guardian.
7. Invite a survivor to speak to a troop/group.
8. Identify 5 notable women who have survived/died of breast cancer. Why is early detection and prevention important and what are the treatment options for breast cancer?
9. Participate in a community breast cancer event.